



BIOSPHERE BOOKLETS

Lesson Plans & Activities

17 SUSTAINABLE DEVELOPMENT GOALS

SUMMARY/OVERVIEW

Grades:

3-5

Prep Time:

1 hour

Learning Environment:

Indoor

Total Lesson Length: 5 hours

DESCRIPTION:

This booklet introduces the concept of the United Nations 17 Sustainable Development Goals (SDGs); including what they are, why they are important to a sustainable future, and how students can help implement them.

Activities include:

- Reflection on world inequality;
- SDG Brainstorm; and
- Problem identification and action plan.

CURRICULUM EXPECTATIONS:

Applying and Innovating:

- Contribute to care for self, others, community, and world through personal or collaborative approaches
- Co-operatively design projects **Communicating:**
- Express and reflect on personal, shared, or others' experiences of place

Planning and Conducting:

 Suggest ways to plan and conduct an inquiry to find answers to their questions

BACKGROUND:

The SDGs are a set of 17 goals developed by the United Nations as a call to action for countries across the world to find solutions to the complex issues that the planet faces including poverty, gender issues, biodiversity loss, and global climate change impacts. The SDGs require action from all levels including local and national governments, organizations, and individuals. The completion deadline for the goals is 2030.

LESSON PLAN

TIME	ACTIVITY	LOCATION	MATERIALS
1 Hour	1. Introduction – UN and the SDGs	Indoor	Printed worksheet/online
1 Hour	2. SDG Breakdown	Indoor	Printed worksheet, pens and paper
1.5 hours	3. Taking Action with the SDGs	Indoor	Printed worksheet
1.5 hours	4. Conclusion - Game	Indoor	Printed worksheet



TIME1 Hour

ACTIVITY

LOCATION

MATERIALS

1. Introduction – UN and the SDGs

Indoor

Printed worksheet

Introduction: United Nations and the SDGs

GOAL: Introduce students to the **UNITED NATIONS** (**UN**) and the **17 SUSTAINABLE DEVELOPMENT GOALS** (**SDGs**). Explain that the SDGs are a UN initiative that is a call to action for all countries across the world.

PREPARATION: Print prompt sheet (page 3). Prepare both YouTube videos using the links below.

LESSON PLAN:

Part 1: Discuss the role of the UN: students watch a 2-minute video about the UN and answer discussion questions as a class. Discuss the SDGs: students watch a short video about the SDGs.

Part 2: Reflections on world inequalities: students gain perspective on their haves and have-nots and what issues the SDGs aim to address with a prompt reflection activity.

CONTENT:

Part 1: Introducing the United Nations and the SDGs

United Nations

The United Nations (UN) is an intergovernmental (relations between two or more governments) organization founded in 1945, that includes collaboration between 193 member states. The UN strives for collaboration between all the world's nations to discuss and find solutions to humanity's common problems. The organization defines its values as those of peace, justice, respect, human rights, tolerance, and solidarity. The UN aims to be a place where "the world's nations can gather together, discuss common problems, and find shared solutions that benefit all of humanity."

The United Nations have engaged in many initiatives across the globe since its inception. Some of their work includes:

- Maintaining peace by working to prevent conflict, or helping parties in conflict make peace and deploying peacekeepers.
- Protecting human rights with the Office of the High Commissioner for Human Rights which uses the authority to investigate situations and to publish reports on them.



- Delivering humanitarian aid before, during, and after natural disasters, conflicts, and refugee problems.
- Supporting Sustainable Development and Climate Action. The UN began this work in 2015 with the launch of its sustainable development agenda to ultimately reduce poverty and improve people's lives worldwide. This also entails addressing climate change to protect countries from rising sea levels, melting ice caps, and extreme weather events.

Have students watch the 2-minute video: "How does the United Nations work?" https://youtu.be/Qolafzcok74.

Follow this with a discussion addressing the following questions:

- What is the mission of the UN?
- How many countries are currently involved with the United Nations?
- What are some issues that the UN has addressed? Have you heard of any other work that the UN has accomplished?
- What impact does the UN have that a singular country does not?

The 17 Sustainable Development Goals (SDGs)

The SDGs are a set of goals developed by the United Nations that aim to find solutions for many complex world issues. Because of the UNs intergovernmental status, the SDGs are a global approach, and every country has responsibilities in enacting the SDGs. There are 17 Sustainable Development Goals which will be broken down below. The goals are a call to action to end poverty, protect the planet and improve the lives of everyone, everywhere. In 2015, all UN Member States adopted the goals, with a 15-year completion goal. The target completion year for the goals is 2030. The implementation of each goal relies on the effort of each country's sustainable development policies, plans, and programs.

Each goal is tracked with TARGETS and INDICATORS:

- The targets further breakdown each goal into more specific sub-goals with completion deadlines. For example, "SDG 1: No Poverty" has 7 targets. Target 1.1 states "by 2030, eradicate extreme poverty for all people everywhere, currently measured as people living on less than \$1.25 a day".
- Indicators are used to measure the progress being made to reach the targets. Students can understand this as something that "indicates" progress is being made. In other words, what shows that this goal is being achieved? For example, for SDG 1, a yearly survey may show a reduction in extreme poverty evidence that the targets are being achieved.



What does sustainability mean?

Sustainability means meeting our currents needs without compromising the needs of future generations.

Sustainability generally encompasses three areas of human growth: environment, economy, and society. Each of these areas overlap each other.

Where do you see sustainability in your day-to-day life?

What efforts do you, your family, and your school make to be sustainable?

Have students watch this YouTube video that very briefly lists all 17 goals: https://youtu.be/oXTBYMfZyrM

Follow this video with the following questions and discussion:

- How many SDGs are there?
- What is the main goal of the SDGs?
- How is the progress of the SDGs tracked?
- When is the completion date for the SDGs?





















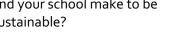




















Part 2: The SDGs and Inequality

GOAL: For students to understand the inequalities that exist in the world. Students gain an understanding of the purpose of the SDGs in terms of addressing these issues.

Sit in a circle with your class. Explain that you will be reading statements to students, and you'd like them to reflect on each statement and whether they agree or disagree. After each prompt, share the included facts about the topic. Encourage students to comment on anything that surprises them and to explain why.

1) I can afford to go to school (SDG 1).

71 million people in 2020 were pushed into extreme poverty, which means living on less than \$1.25 a day.

2) If I am sick or hurt, I can afford to go to the hospital (SDG 1, 3).

Less than half of the global population is covered by essential health services.

- 3) Some of my family members are ill because they have no access to healthcare (SDG 3).
 - Less than half of the global population is covered by essential health services.
- 4) I have learned how to read (SDG 4).

In 2020, an additional 101 million (9%) of children in grades 1 through 8 fell below minimum reading proficiency levels.

5) I must boil my water before drinking it (SDG 6).

In 2020, 2 billion people (26%) lack safely managed drinking water.

6) I have access to electricity whenever I need it (SDG 7).

In 2019, 759 million people lacked access to electricity, 3 out of 4 of them live in sub-Saharan Africa.

7) I believe that when I am done school, I will be able to find a job (SDG 8).

The COVID pandemic has led to the loss of the equivalent of 255 million full-time jobs.

8) It is easy for me to get around my town (SDG 9).

Almost 300 million of 520 million rural dwellers lack access to roads in 25 countries.

9) I can identify inequalities in the world (SDG 10).

The proportion of the global population who are refugees has more than doubled since 2010, for every 100,000 people there are 311 refugees.



- 10) There are bus routes and bike paths in my city (SDG 11).
 - Only half of the world's urban population have convenient access to public transportation.
- 11) I understand the environmental impact of producing goods that I own (SDG 12).

 1 million plastic drinking bottles are purchased every minute. 1 trillion single-use plastic bags are thrown away each year.
- 12) I understand the impacts of climate change (SDG 13).

 The 2020 Global average temperature is 1.2° Celsius above the pre-industrial baseline.
- 13) I believe all humans should have the same opportunities as me (SDG 16).

 Child labour rose to 160 million in 2020. 1 in 3 human trafficking victims in 2018 were children.

Following the activity, ask students the following questions:

- How did you feel hearing these facts?
- What was most surprising to you?
- Why is it important that we understand the inequalities in the world?

Explain that the Sustainable Development Goals aim to address each of these issues and more.





TIME 1 Hour **ACTIVITY**

2. Breaking Down the SDGs

Indoor

MATERIALS

Printed SDGs, paper, pens

Breaking Down the SDGs

GOAL: Have students gain an understanding of each <u>Sustainable Development Goal</u> and reflect on where each goal is needed in the world.

PREPARATION: Print and cut out each goal from page 8 and 9. See page 9 for an alternative activity that is online.

LESSON PLAN: Students consider individual SDGs including the main goals and where and why the goal is needed.

CONTENT: Start this section by briefly summarizing each goal. This includes speaking to the main target for each goal and expanding on the goal and targets if necessary.

Next, break students up into groups of 2 or 3. Each group will be assigned either one or two goals. Give each group a cut-out of their goal(s).

Students will have 15 minutes to think about their goal(s). They should consider the following questions:

- What issue is this goal addressing? What is the problem?
- Where are places in the world that you can think of where this goal might be needed? Explain.
- Can you think of places in your own town/community where this goal is needed? Explain
- What can be done to meet this goal?
- What can you and your classmates do to meet this goal?



- Social protection systems
- Equal rights
- Resilience
- Mobilization of resources



- Income growth
- Social, economic, and political inclusion
- Equal opportunity
- Equality

Example of cut-out to give students

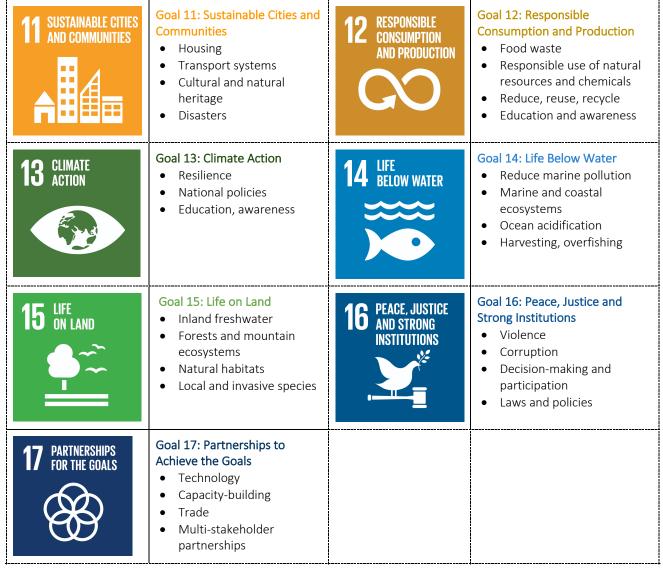
Following their brainstorming sessions, students will present their goal(s) to the class and share what they learned about their specific goal(s).

The table below outlines the SDGs and the target topics (topics outlined within each SDG). Please note that not all the target topics are listed in the table. Print pages 8 and 9, and split SDGs evenly between groups.









Alternative Activity Option:

Use an online set of Sustainable Development Goal flashcards and go through them with your students, talking about what they mean and how they apply to your community and the world.

Use this link to access a set of pre-made SDG flashcards:

https://www.bookwidgets.com/play/UKJEUG



Protect and restore terrestrial ecosystems and forests, keep biodiversity.



TIME

ACTIVITY

LOCATION

MATERIALS

1.5 Hours

3. Taking Action with the SDGs

Indoor

Printed worksheet

Taking Action with the SDGs

GOAL: For students to learn how to implement effective SDG initiatives in their communities through the development of an action plan.

LESSON PLAN:

Part 1: Identifying problems and where they stem from.

Part 2: Developing action plans for a given issue.

PREPARATION: Print root causes worksheet (page 12), print problem solving chart (page 15-16).

CONTENT: The SDGs address very complex world issues (sometimes referred to as wicked problems) that have no clear solutions, many factors, many stakeholders, and different possible approaches. It is important to understand that wicked problems exist within a larger system that has its own set of rules and that benefits some and negatively impacts others. Understanding the reasons behind why a world problem exists is key to addressing it.

When problem solving, we are:

- Identifying and *understanding* a problem
- Developing a concise plan of action
- Carrying out, monitoring, and reviewing our plan

When students set out to address an issue in their community and beyond, it is important to note that they will likely not solve the problem, but instead fix a part of a larger system. This is called "being a lever of change."

STAKEHOLDERS:

A stakeholder is any person who is connected to the system you are trying to fix. It's important to identify all the stakeholders because these are the people who will help or hinder your project. Think about:

- Who is adding to the problem?
- Who is trying to fix the system/problem? This includes you, and anyone who is working on your project, or a similar one.
- Who is benefiting from the system right now?
- Who is negatively impacted by the system?



Part 1: Identifying problems

Identifying a problem is the backbone to addressing a problem. We must have a clear understanding of an issue before we can solve it. Ask students what they think should be considered when identifying a problem.

Key questions to ask:

- What is the problem?
- Why is it a problem?
- Who is affected by the problem?
- What is the root cause of the problem?

Activity 1: Root Causes

Using the Root Causes Worksheet (page 12), demonstrate how we can identify a problem and its root causes.

- 1. In the middle, write the problem (see examples on page 19, or use a local issue).
- 2. On the top are the "symptoms" or outcomes of the problem. What is the effect of the problem? What effect does the problem have on the community?
- 3. On the bottom, write the root cause of the problem. Explain that this is not always obvious, and people may spend lots of time trying to find the root causes. While we are using a simple example, point out that one of the root causes people selfishly litter is a very difficult issue to address.
- 4. At the bottom, summarize your problem in 1-2 sentences and determine which SDGs this aligns with. Provide students with a list of SDGs on the screen/board to pick from, or print off extra of page 8-9.

See a filled-out example below on page 13.



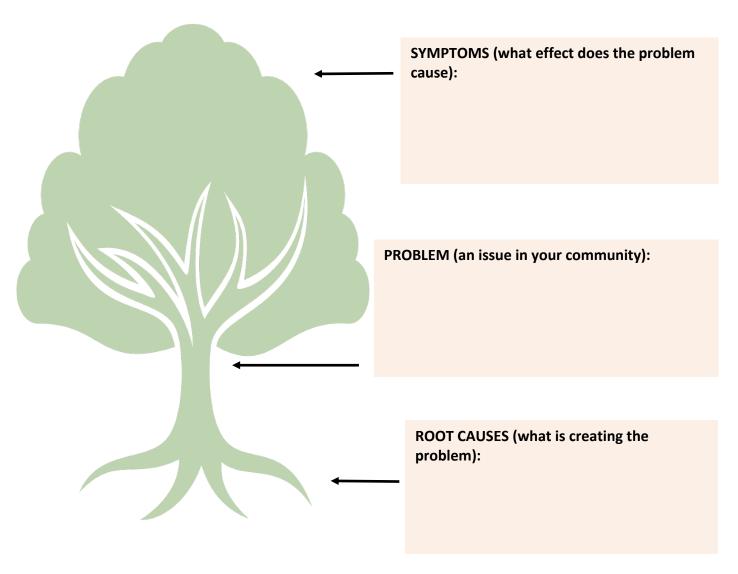
If I had an hour to solve a problem, I would spend 55 minutes defining the problem and 5 minutes finding the solution.

-Albert Einstein



Root Causes Worksheet

The SDGs aim to address problems in the world. This worksheet is to get you thinking about problems you see in your community and how you can fix those problems. By identifying problems and solutions locally, you'll be better able to address the SDGs. Using the Root Causes method is a great starting point to get a better idea of what causes the problem you're focusing on.



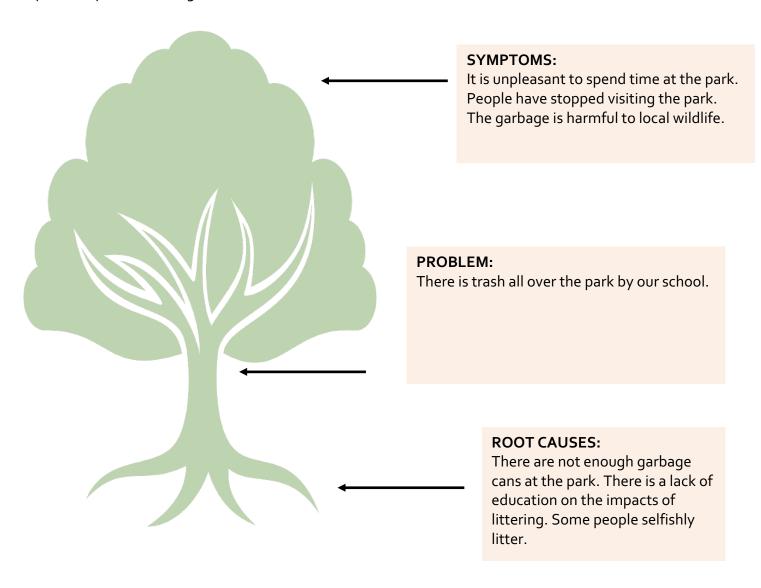
Based on your notes above, write down below the core problem that you're attempting to tackle (1-2 sentences). Which SDGs does this problem connect to?

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Root Causes Worksheet EXAMPLE

Using the Root Causes method is a great starting point to get a better idea of what perpetuates the problem you're focusing on.



Based on your notes above, write down the core problem that you're attempting to tackle below (1-2 sentences). Which SDGs does this problem connect to?

CORE PROBLEM:

People are littering at the park, which is harming the local wildlife and deterring park visitors. There is a lack of trash receptacles at the park and overall education on littering.

This aligns with SDG 11, SDG 12, and SDG 15.



Part 2: Developing a plan

Now that students have learned how to identify problems, they can begin to develop a plan. This plan can be a way to take action on the SDGs locally. When developing a plan, we need to consider many factors.

- Does the community want this issue addressed? Is it a wise use of time and resources? Why or why not?
- How does each stakeholder connect to the problem?
- Who can help to develop and/or implement our plan? What is it going to cost?
- What does each team member need to do to enact the plan?
- How does our plan impact the problem? How can we measure this impact?
- How does this address the SDG(s)?

Walk through the filled-out example below, showing students how to develop a plan. For each section, explain how we are considering each question above.



Problem Solving Chart

What is the problem? (Taken from Root Causes summary section)

Why is it important to address the	a nrohlam? Why should time and m	noney he put into the problem?
o	problem: why should time and h	ioney be pot into the problem:
0		
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Who are the	e stakeholders? Who does the pro	blem effect?
•		
How do the stakehol	ders effect, or are effected thems	elves, by the problem?



How are we addressing the issue	e? What are we doing to fix the pro	blem?				
What resources do we need? Ex. money, time, staff, volunteers, policy, etc.						
What will each team member do? Who are they and what are their roles?						
Name:	Name:	Name:				
Role:	Role:	Role:				
What outcomes signal change? How will we know the problem is being fixed?						

Problem Solving Chart EXAMPLE

What is the problem? (Taken from Root Causes summary section)

People are littering at the park, which is harming the local wildlife and deterring park visitors. There are a lack of trash receptacles at the park and overall education on littering.

Why is it important to address the problem? Why should time and money be put into the problem?

- o People should be able to enjoy the park without looking at trash.
- o Trash can be harmful to children, animals, and wildlife.
- o It is a reasonable area to improve.

Who are the stakeholders?

Park visitors and wildlife

Municipal Government

People who litter







How do the stakeholders effect, or are effected themselves, by the problem?

Negatively impacted by litter. If there is too much litter then they will no longer use the park. The wildlife may be caused harm by the litter.

Able to enact changes including adding more garbage cans and enforcing littering bylaws

Contributing to the litter at the park.



How are we addressing the issue?

Removing trash that is currently there Petitioning for more trash cans

Outreach to the community to educate on the importance of putting trash in trash cans

ns

What resources do we need?

Communication with the local government Grabbers and trash bags to clean up park Educational resources on impacts of trash and littering



What will each team member do?

Name: Sally

Role: Contacting and communicating with City Hall explaining the problem and the need for more trash cans.

Name: Jeff

Role: Calculating a budget, purchasing/ sourcing clean - up tools (trash bags and grabbers), and organizing a clean-up day.

Name: Regina

Role: Researching the impacts of trash on wildlife and park spaces. Plan a demonstration at the park to educate the public on littering.

What outcomes signal change? I.e. how will we know that it has worked?



Less or no litter at the park More park visitors/ healthy wildlife More trash cans at the park



TIME 1.5 Hour

ACTIVITY 3. Conclusion

LOCATION Indoor

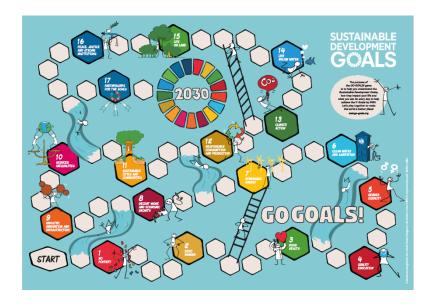
MATERIALSPrinted worksheet

Conclusion

To wrap up learning about the SDGs, have students play the SDG Game which can be downloaded from the MABR Teaching Resources page - the same page where this booklet was found (https://www.mabr.ca/teaching-resources). This game is a variation on snakes and ladders that incorporates the Sustainable Development Goals in a fun activity (see example images below).













MountArrowsmithBR (0)



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Show us your results! Snap a picture and share it with us on social media, or email it to the MABR Coordinator at



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