



United Nations  
Educational, Scientific and  
Cultural Organization



**MOUNT  
ARROWSMITH**  
BIOSPHERE REGION

# BIOSPHERE BOOKLETS

Lesson Plans & Activities

## MARINE FOOD WEBS

### SUMMARY/OVERVIEW

**Grades:**  
3-5

**Prep Time:**  
1 hour

**Learning  
Environment:**  
Outdoor & Indoor

**Total Lesson  
Length:**  
4.5 hours

#### DESCRIPTION:

This booklet introduces students to several aspects of the marine food web, the roles that different organisms play in it, how they interact, and why they are important. It highlights the crucial interdependence of the animals in their ecosystem.

#### CURRICULUM EXPECTATIONS:

##### Processing and Analysing:

- Experience and interpret the local environment

##### Planning and Conducting:

- Make observations and measurements, using formal measurements and digital technology as appropriate
- Make observations about living and non-living things in the local environment

##### Questioning and Predicting:

- Make predictions based on prior knowledge
- Demonstrate curiosity and a sense of wonder about the world

#### BACKGROUND:

Food Webs refer to the predator-prey interactions that different animals and organisms have in their ecosystem throughout their lives. It defines the role they play in the interconnected and delicate balance of life on earth. The marine food web describes specifically the "who-eats-whom" interactions with the creatures that live in the oceans.

### LESSON PLAN

TIME	ACTIVITY
30 mins	1. Introduction – Food Webs
30 mins	2. Vertical Migration
1 hour	3. The "invisible" MVP: Plankton!
45 mins	4. Trophic Structures
1.5 hours	5. Conclusion

LOCATION
Indoor
Indoor
Indoor OR Outdoor
Indoors
Outdoors

MATERIALS
Printed worksheet
Internet, printed worksheet
Craft items (see page 6)
Printed worksheet, scissors, glue
Printed worksheet, clipboard, pen

**TIME**  
30 mins

**ACTIVITY**  
1. Introduction

**LOCATION**  
Indoor

**MATERIALS**  
Printed worksheet

# Introduction: Food Webs



**GOAL:** Introduce the concept of Food Webs and the interdependence among organisms.

**PREPARATION:** Print worksheet on page 3.

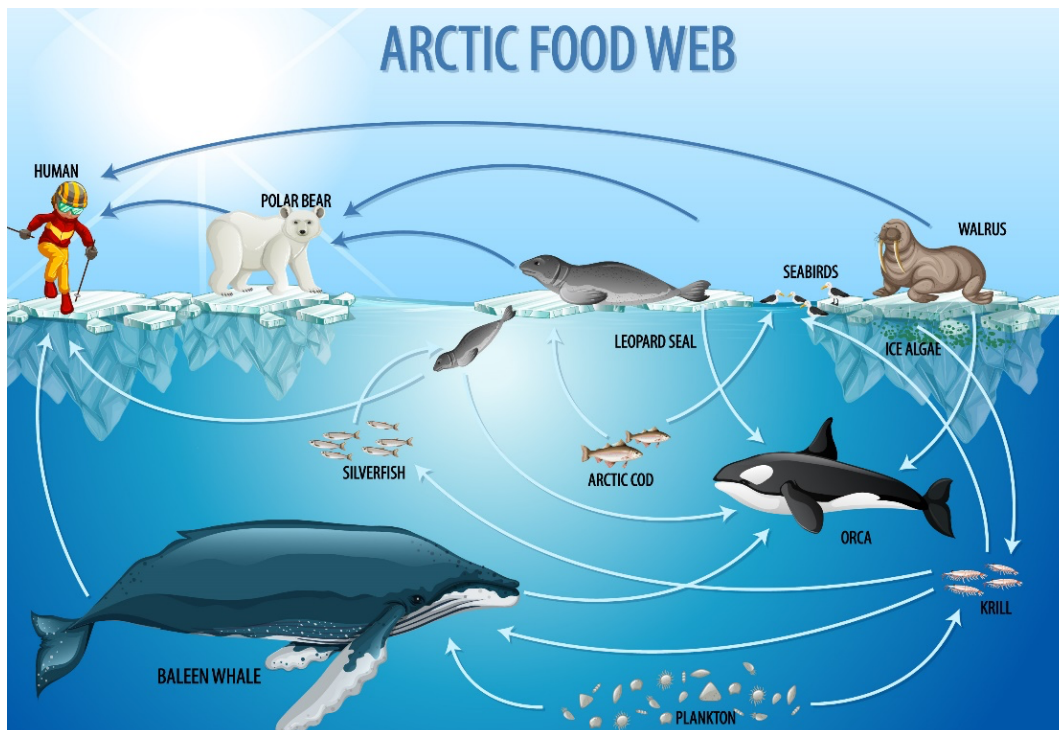
**LESSON PLAN:** Students are given an image of an incomplete food web that they can fill in with arrows corresponding to the predator-prey interactions of the animals.

\*Hint! The arrows move in the direction of energy flow.

**CONTENT:** Organisms in a community are linked through what they eat and what eats them. Fill in the food web chart below (page 3) with arrows corresponding to the animal's role in the food web as predator or prey. In a Food Web, the main direct consequence is the transfer of energy in nature, from the prey to whichever predator is eating it.

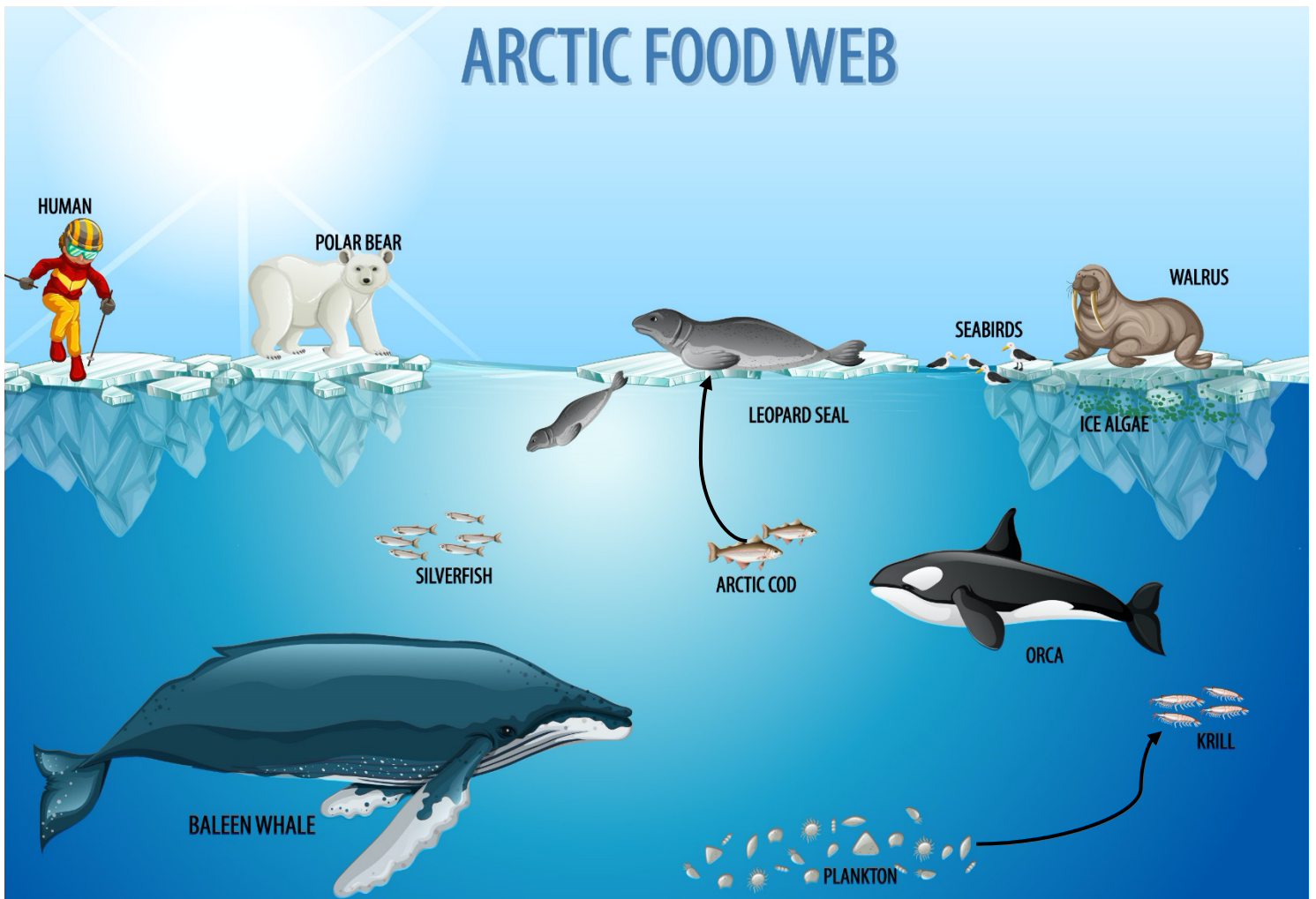
Q: Can you name the three oceans that Canada is surrounded by?  
A: Pacific Ocean, Atlantic Ocean, and Arctic Ocean.

**ANSWER KEY:**



# Food Webs & Energy Flow

Organisms in a community are linked through what they eat and what eats them. Fill in the food web chart below with arrows corresponding to the animal's role in the food web as predator or prey. *\*Hint! The arrows move in the direction of energy flow. Example: see arrow going from Arctic Cod to Leopard Sea since the seal eats the cod*



## Did you know?

Canada is surrounded by 3 different oceans! Can you name all of them?

TIME	ACTIVITY	LOCATION	MATERIALS
30 mins	2. Vertical Migration	Indoor	Printed worksheet

# Vertical Migration

**GOAL:** Introduce the concept of vertical migration and its importance.

**PREPARATION:** Print worksheet (page 5) and watch video (under 7 mins) made by the Catalina Island Marine Institute (CIMI).

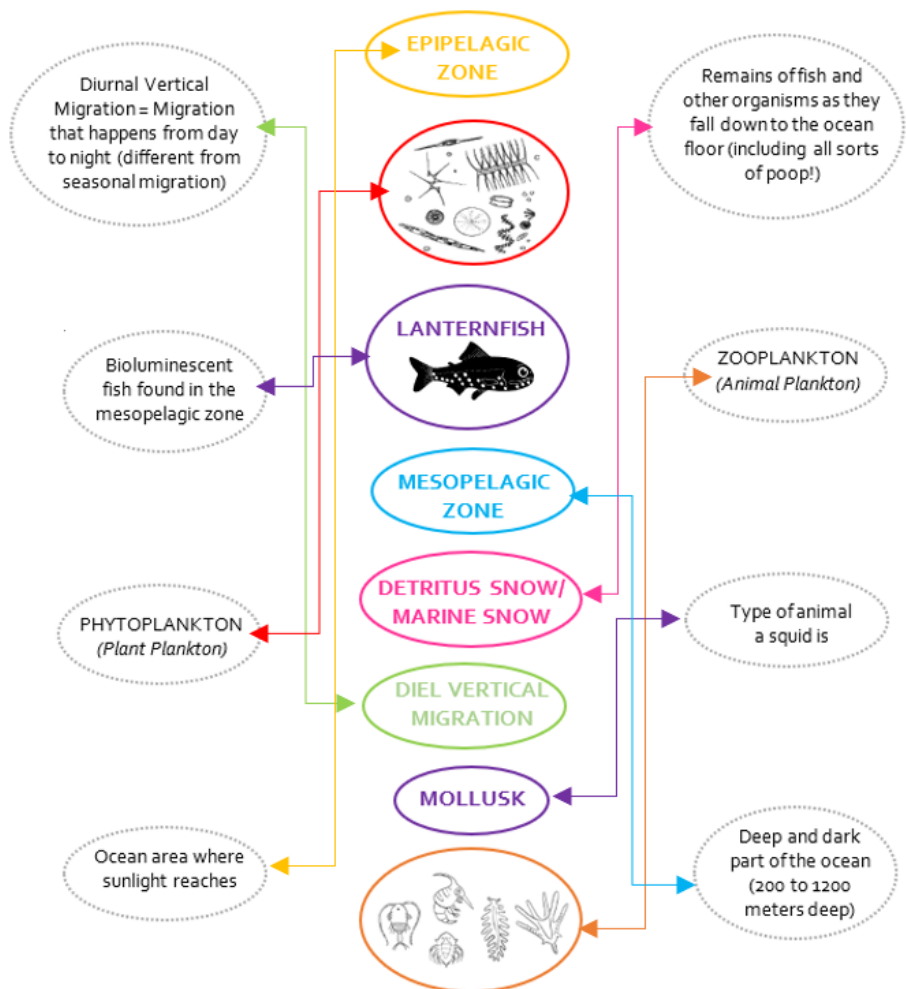
<https://www.youtube.com/watch?v=r5I4jOiX4Uo>

**LESSON PLAN:** Watch video! Match the concepts below based on the video you watched. Students can do this on their own, in groups, or as a class.

**CONTENT:** "Migration" means going from one place to another. Ask students to give examples of animals that migrate (birds, turtles, whales, butterflies, caribou, salmon). Ask students why they think animals migrate. The main reason is **food**. Seasonal migrations happen when animals move to another area (sometimes another continent!) to seek food. However, not all migration works the same way.

Diurnal vertical migration happens every day (therefore not seasonal). "Vertical" refers to the animals moving from the bottom of the sea to the top of the sea. This means they stay in the same location geographically, but move up and down to seek food.

**ANSWER KEY:**





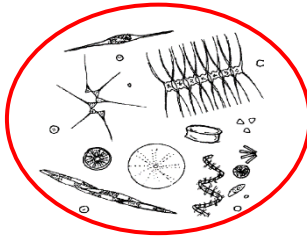
# Vertical Migration

Vertical Migration refers to the dislocation/commute of animals vertically, meaning from the bottom of the sea to the top of the sea, without moving laterally (to the side). The main reason it happens is to find food! Match the words and images below with their concepts, based on the video from the Catalina Island Marine Institute.

Diurnal Vertical Migration = Migration that happens from day to night (different from seasonal migration)

EPIPELAGIC ZONE

Remains of fish and other organisms as they fall down to the ocean floor (*including all sorts of poop!*)



Bioluminescent fish found in the mesopelagic zone

LANTERNFISH

ZOOPLANKTON (*Animal Plankton*)



MESOPELAGIC ZONE

PHYTOPLANKTON (*Plant Plankton*)

DETRITUS SNOW/  
MARINE SNOW

Type of animal a squid is

DIEL VERTICAL MIGRATION

MOLLUSK

Ocean area where sunlight reaches



Deep and dark part of the ocean (200 to 1,200 meters deep)



**STEP 1:** Cut and remove the top of your pop bottle. Make sure to not leave any pointy edges behind!

**STEP 2:** Assemble pieces of different materials to form your plankton!

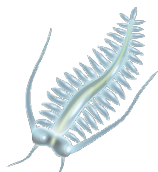


**STEP 3 (optional):** To add complexity to the activity, ask the students to build both a PHYTOPLANKTON (in green tones) \*and\* a ZOOPLANKTON. The phytoplankton needs to float above the zooplankton, but the zooplankton cannot touch the bottom of the pop bottle.

ANSWER KEY (FOR PAGE 8):



Zoa Larvae:  
Crab Larvae



Polychaete:  
Marine Worm



Veliger:  
Marine Snail Larvae



Copepod:  
Microscopic Crustacean

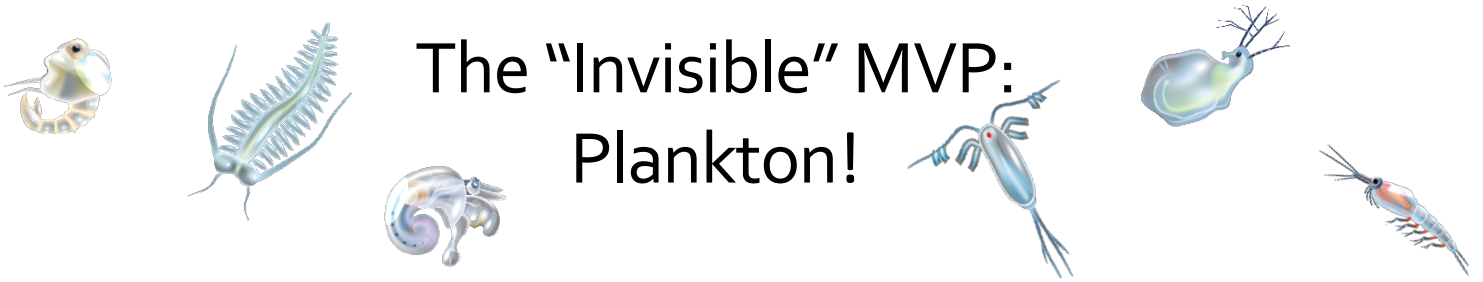


Daphnia:  
Water flea



Krill:  
Small Crustacean

- What floating materials did you use? **Examples:** sponge, toothpick, straws.
- What sinking materials did you use? **Examples:** paper clips, rubber elastics, pipe cleaners.



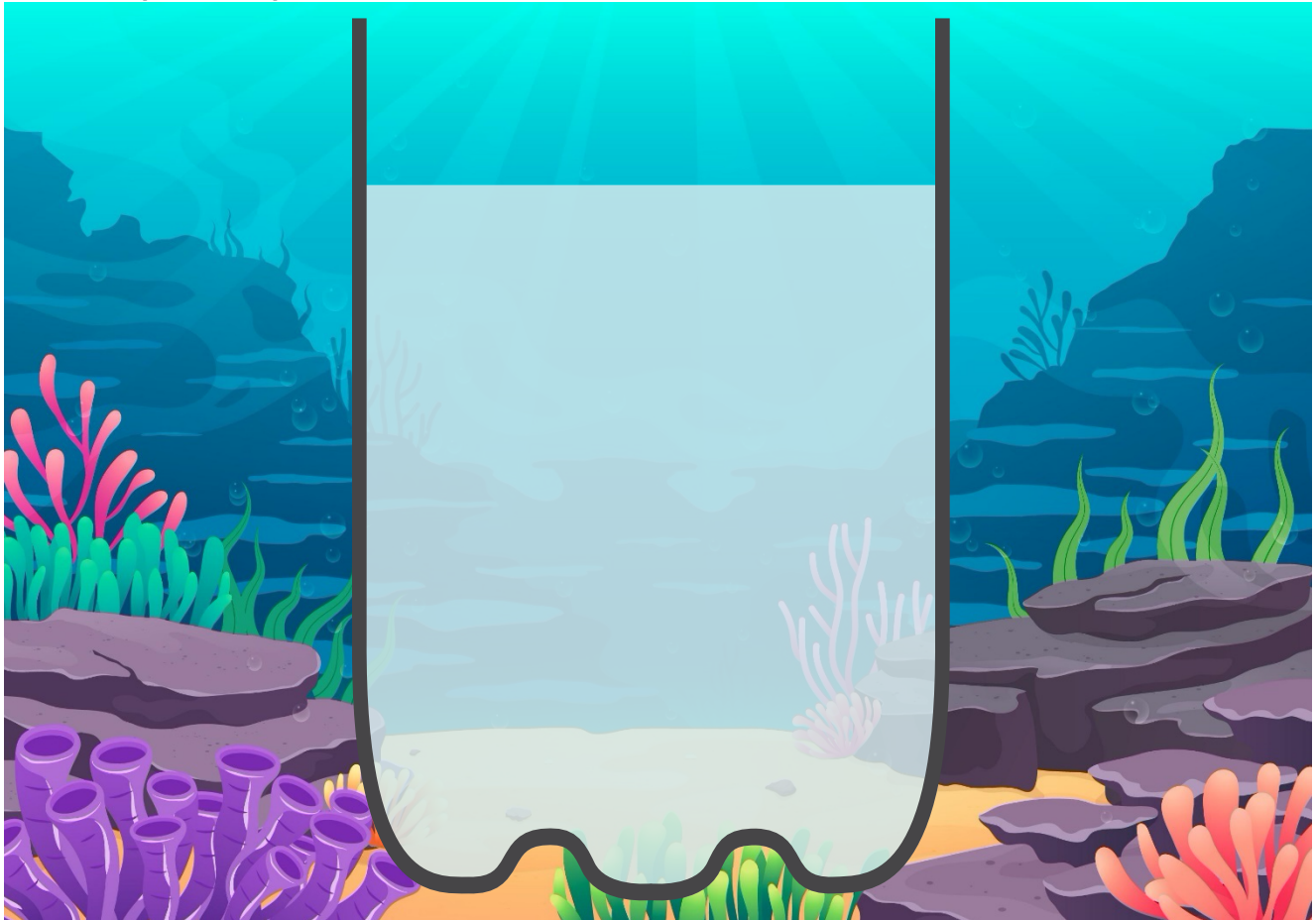
# The "Invisible" MVP: Plankton!



This is Plankton, the "villain" from the SpongeBob cartoon. **Did you know** that he exists in real life?! The character is based on a [cyclops copepod](#), a microscopic crustacean zooplankton (measuring 1 to 2mm)! Circle which **ONE** of the six zooplankton critters on the top of this page corresponds to Plankton!

- What floating materials did you use? \_\_\_\_\_
- What sinking materials did you use? \_\_\_\_\_

Draw the plankton you created:





**TIME**  
45 mins

**ACTIVITY**  
4. Trophic Structures

**LOCATION**  
Indoor

**MATERIALS**  
Printed worksheet

# Trophic Structures

**GOAL:** Introduce the concept of Trophic Structures, which is the **energy transfer** between animals.

**PREPARATION:** Print worksheets page 11 and page 12.

**LESSON PLAN:** Ask students to match the illustrations (page 12) and glue/tape them in their corresponding place in the food web template in the worksheet from page 11.

**CONTENT:** What does “Trophic” mean? *Greek trophikos, from trophē 'nourishment'*  
Trophic structures = transfer of energy through the food web

**Primary Producers** in the ocean: where everything begins!

Primary production is the creation of new organic matter (glucose) from inorganic substrates (sunlight), and it is this organic matter (glucose) that serves as the base of the food web for most marine consumers (“eaters”).

The organisms responsible for oceanic primary production include a wide diversity of marine plants and algae. While many people may be more familiar with the larger seagrasses and macroalgae (seaweeds), by far the greatest amount of photosynthesis in the ocean comes from microscopic algae, the Phytoplankton.

Source: <https://rwu.pressbooks.pub/webboceanography/chapter/7-1-primary-production/>

**Primary Consumers** in the ocean: the first to eat other things (more specifically, plants)!

A primary consumer is an organism that eats a primary producer, which includes most zooplankton, sea snails, sea urchins, sea sponges, etc.

Source: <https://oceantracks.org/library/general-ecology/energy-and-food-webs>

**Secondary Consumers** in the ocean: the first to eat other animals!

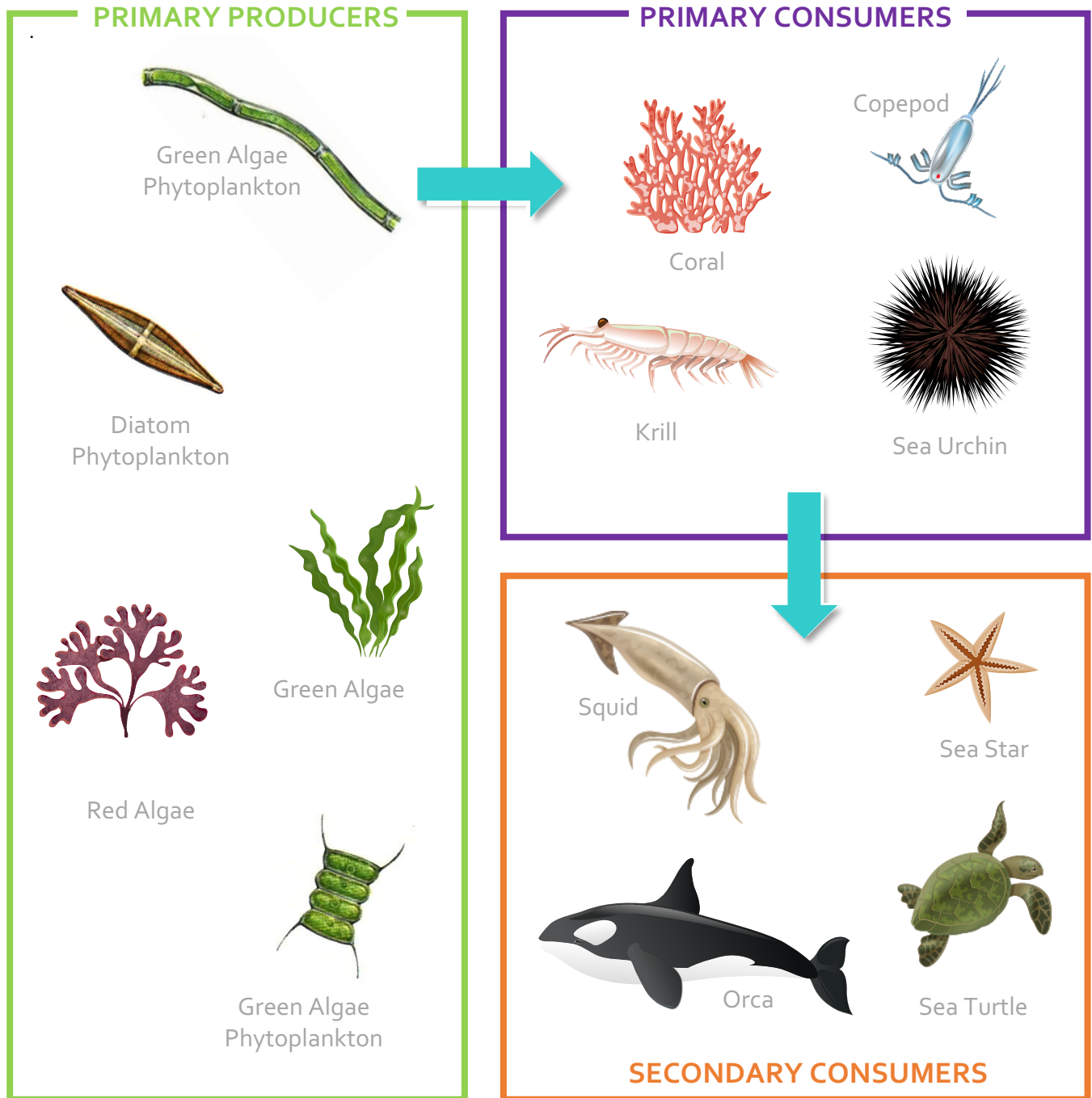
A secondary consumer is an organism that eats a primary consumer, and includes fish species that feed on the zooplankton.

Source: <https://oceantracks.org/library/general-ecology/energy-and-food-webs>

\*\*There are also “Tertiary Consumers” and “Quaternary Consumers” - but we won’t be covering them in this booklet.

# Trophic Structure

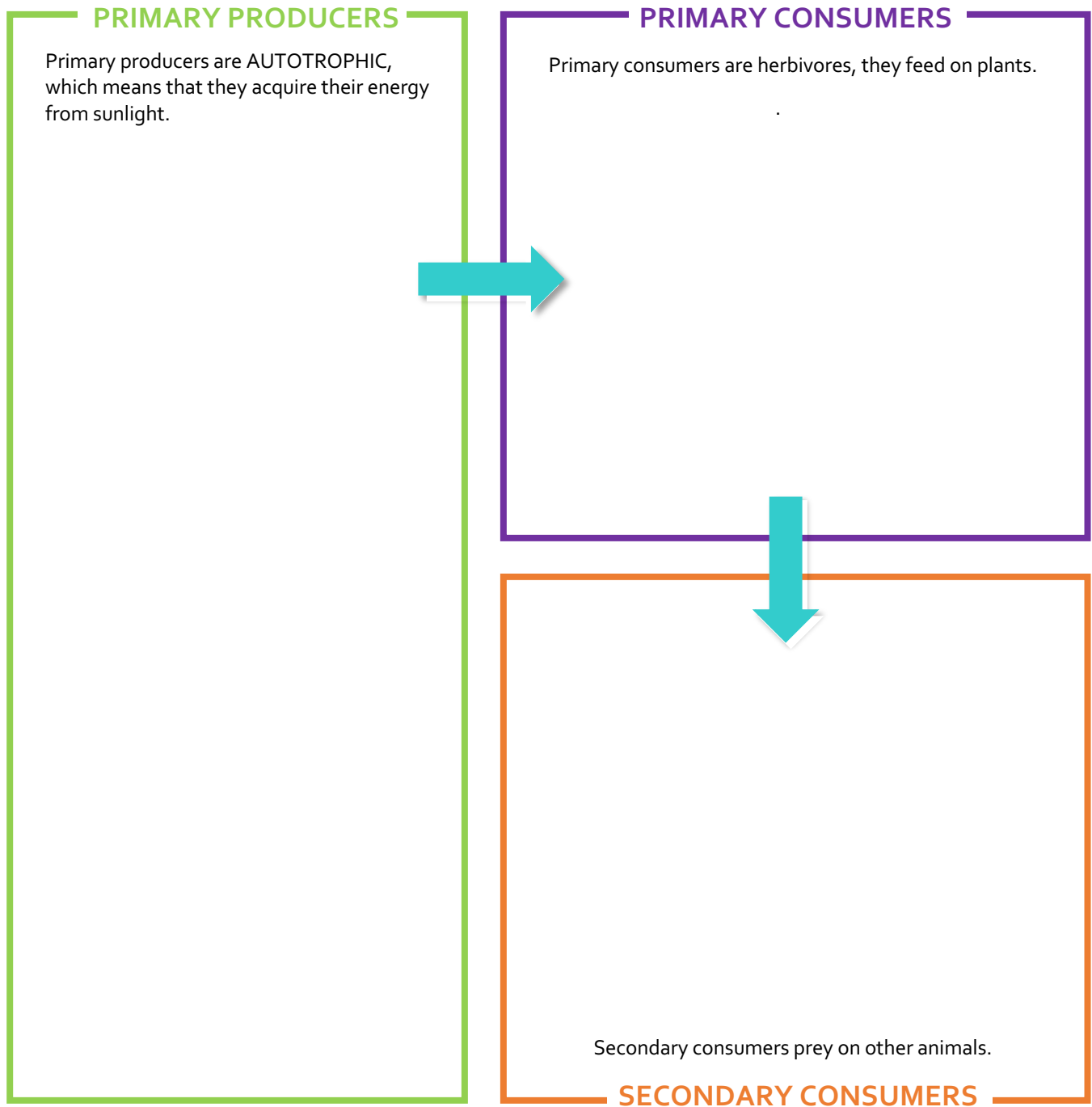
**ANSWER KEY:**



What do the arrows represent? **Energy transfer from one organism to the other.**

# Trophic Structure

Cut out the illustrations and place them (by gluing or taping it) inside the box with their respective ecological role.



What do the arrows between groups represent? \_\_\_\_\_

# Trophic Structure Illustrations





<b>TIME</b> 1.5 hours	<b>ACTIVITY</b> 5. Conclusion	<b>LOCATION</b> Outdoor	<b>MATERIALS</b> Printed worksheet
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# Conclusion

**GOAL:** Students review all introduced topics by observing their surroundings, identifying and classifying the creatures they see.

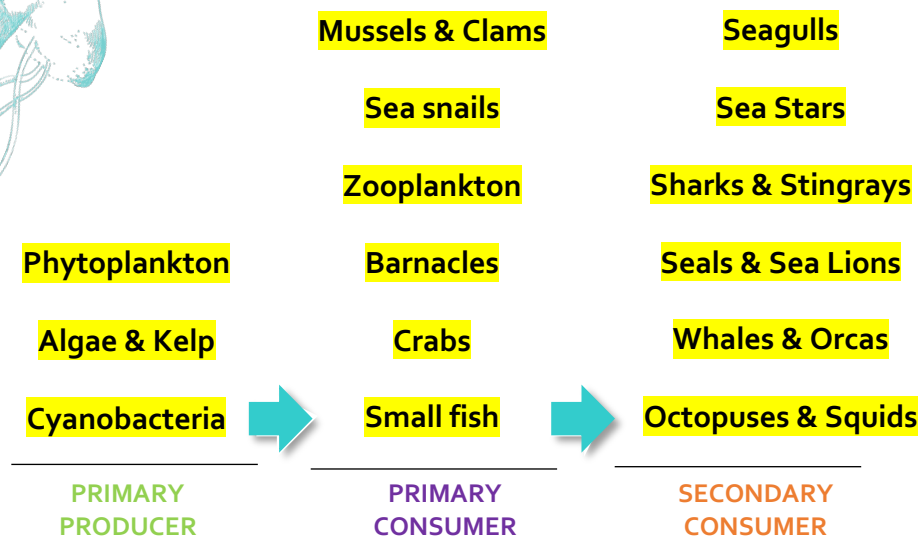
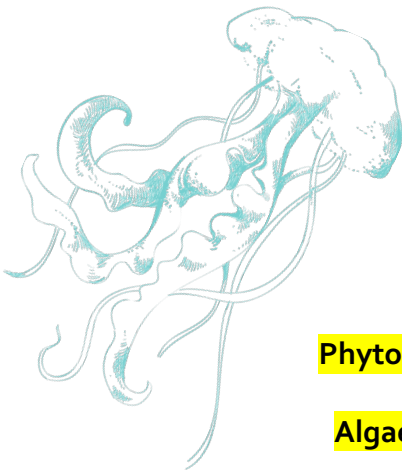
**PREPARATION:** Print checklist worksheet (page 14), bring clipboards (optional) and a pen/pencil.

**LESSON PLAN:** Ask students to fill in the checklist based on what they've learned throughout these lessons about marine food webs. This can be done at a nearby beach.

**CONTENT:** Guide the students with information about the food web they see in the intertidal zone of the visited beach. Example: Barnacles are filter feeders, they eat zooplankton and phytoplankton, etc.

ANSWER KEY:

Everyday **MICROPLASTICS** = glitter, styrofoam, dryer lint (polyester, nylon), fishing net pieces, jewelry beads, toy stuffing beads.



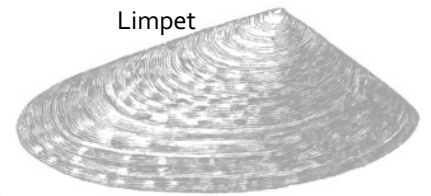
# Marine Food Web Checklist

Survey a nearby beach and look for all items in the checklist below!

- Identify two (2) **marine birds**  
\_\_\_\_\_
- Find a big rock (bigger than 2 feet wide) and count how many **different species/creatures** you see on and under it.  
How many did you see? \_\_\_\_\_
- Identify three (3) types of **algae** and/or **kelp** (can name them by colour)  
\_\_\_\_\_
- Find one (1) **sea anemone** (cnidarian – “cousin” of jellyfishes)
- Find one (1) **limpet** (mollusk – cousin of snails and clams)



Sea Anemone



Limpet

**SURVEY INFO**

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Date of Survey: \_\_\_\_\_

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Name of Surveyor(s): \_\_\_\_\_

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Location: \_\_\_\_\_

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Weather: \_\_\_\_\_

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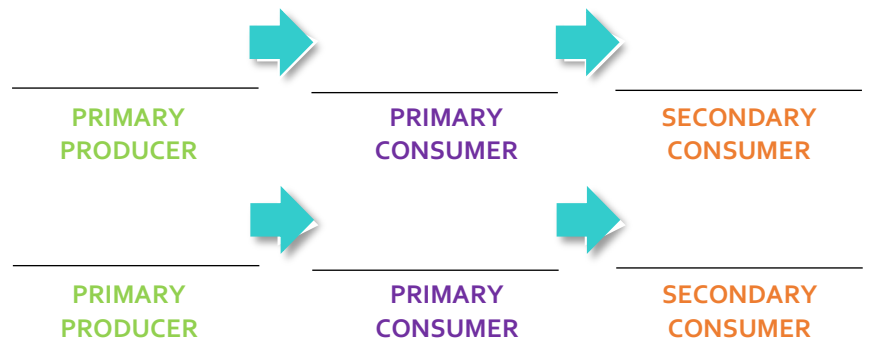
Time: \_\_\_\_\_

Some small fish eat plankton! We know that already. But **did you know** that some small fish may confuse teeny tiny pieces of plastic, called **MICROPLASTIC** for plankton!? They don't expect to have any plastic in the sea. Additionally, animals' vision isn't always the same as a humans' vision. Give 3 examples of everyday microplastic threats to the ocean that you see on the beach and give examples of animals that are at risk of confusing it with food.



Name an organism that you'd like to have seen, but you need scientific equipment to do so, such as microscopes or diving submarines:  
  
What is its role in its ecosystem?

Fill the blank spaces below with examples of organisms you see:



Show us your results! Snap a picture and share it with us on social media,  
or email it to the MABR Coordinator at  
✉ [mandy.hobkirk@viu.ca](mailto:mandy.hobkirk@viu.ca)



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